

Mental Health &



Aging in Place
Healthier & Happier @ Home

Tuesday, May 16
11:30 a.m.

Learn about mental health issues as we age in place. Fred Balias with the Health Department will lead the discussion.

Urbana Senior Center

Offering fitness, enrichment & social opportunities for 50+
9020 Amelung Street, Urbana, MD 21704
(located on the lower level of the Urbana Regional Library)

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